



WHY?

Coaches say our workshops and specialty clinics are top-notch! **They claim to get more out of these focused sessions than anything else they've attended.** They are particularly impressed with the on-ice instruction and guidance.

In ODHA workshops, coaches are active learners. They are provided practical and essential tools to help their coaching.

VISIT WWW.ODHA.COM AND CLICK ON
CLINICS
TEL: 613-224-7686



The cost?

The ODHA is a non-profit amateur organization, although the instruction is highly professional. Therefore our rates are more than competitive with those of private instructors.

A typical 1 hr. clinic might cost \$50.

Special rates are available for extra hours of instruction, successive clinics (eg. 3 bodychecking sessions), or even season-long contracts.

* * *

*To schedule a clinic,
contact Jeff Baker at the ODHA:
613-224-7686
tc@odha.com*

or

*For information about programs,
contact Bob Byrnes,
Director of Coaching,
613-852-4240*



Presents
the 5 Ws of

Specialty Clinics
and Workshops

2009-2010



Experienced, professional instructors who are also active coaches and mentors. They've been at the top of their teaching games for years!

- Richard Bercuson
- Bob Byrnes
- Shelley Coolidge
- Ron Graham
- Gregg Kennedy
- Stan Keon
- Dave Leger
- Fay McLaughlin
- Mike Miller
- Ruggles Pritchard
- Joe Rathwell
- Larry Ruch
- Richard Sennott
- Goaltending: Martin Reaume & Alain Shank

Did you know?

ODHA instructors have been recognized by Hockey Canada for their outstanding contributions: writing HC manuals, presenting at national seminars, evaluating high performance coaches, running pilot programs, and being involved in the national Program of Excellence and guest coach programs.

VISIT WWW.ODHA.COM AND CLICK ON CLINICS
TEL: 613-224-7686



On and off-ice specialty clinics and workshops in:

- Angling and Bodychecking
- Communication skills
- Designing effective drills
- Developing defencemen
- Goaltending
- Player selection and evaluation
- Practice planning
- Puckhandling and passing
- Skating: Agility, Balance, Speed training, & more...
- Small area games
- Team play
- ...and many more

Pick your topic. Our expert instructors will tailor a clinic to your team or association needs.

Did you know?

In the last two years, the ODHA has conducted more specialty clinics and workshops than any other branch in Canada.

VISIT WWW.ODHA.COM AND CLICK ON CLINICS
TEL: 613-224-7686



The ODHA will set its schedule to yours!

Examples of suggested months for topics include:

- Skating : Aug. & Sept.
- Designing effective drills : Sept. – Nov.
- Goaltending : Anytime
- Practice planning :Sep. – Nov.
- Small Area Games: Anytime
- Player selection & evaluation: Feb-May

WHERE?

You choose the place & the ODHA will be there. On-ice or off-ice, our programs are built to suit your needs.

Did you know?

The 1999 Molson Summit included a recommendation to have mentoring in hockey programs. The ODHA led the country by beginning its mentorship program less than three months later!

VISIT WWW.ODHA.COM AND CLICK ON CLINICS
TEL: 613-224-7686