



***Coach Stream Supplementary Speak Out Post Task Activity***

**PLEASE COMPLETE AND RETURN VIA EMAIL TO:**

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**Name:** \_\_\_\_\_

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**Clinic Location:** \_\_\_\_\_

**Clinic Date:** \_\_\_\_\_

If you would like to review the prevention portion of the DVD prior to completing this task, please visit [www.hockeycanada.ca](http://www.hockeycanada.ca) and refer to the coaching or Speak Out web page.

Support articles on Prevention Guidelines and Frameworks for Intervention and Protection can also be found at [www.hockeycanada.ca](http://www.hockeycanada.ca)

**SECTION 1**  
**Coaching Values and Power**

**1. What are your values as a coach? Based on these values you, as a coach should be able to create a set of goals for yourself and your team;**

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**2. What are your goals as a coach?**

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**3. As a coach, what does winning mean to you?**

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**4. What values other than winning are important to you as a coach?**

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**Power is the ability to get things done, the capacity to act or the ability to choose what will happen.** Coaches, trainers, volunteers and other staff have a given form of power. Being aware of personal power is critical to understanding how it can be used and misused in interacting with players and others. Bullying, harassment and abuse are the result of the misuse of power. Power comes from a variety of sources and may be used positively or negatively.  
*(See Chapter 2, pages 9-11 of Speak Out Manual)*

**4. Where do coaches get their power from?**

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**5. What kind of pressure do communities put on coaches?**

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**6. If power is used effectively what would be the benefits to your team and individual players?**

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**7. If power is misused what is the effect on the team and individuals?**

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**9. This season you have planned to meet with every player on the team at Christmas time to review their progress to date. Outline the steps/considerations that you would take as a coach to ensure that the interview process is completed within a Safe Environment:**

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**10. You have just completed your last interview of the evening and are accompanying the player to where they were to meet their ride. After waiting 15 minutes the ride has still not arrived. Outline the steps/considerations that you would take as a coach to ensure that the subsequent pick up process is completed within a Safe Environment:**

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**SECTION 3**  
**Bullying, Harassment and Abuse Scenarios**

**11. You have a team with great ethnic diversity. How could this situation turn into harassment? How would you prevent this from happening?**  
*(See Chapter 4, pages 30-32 of Speak Out Manual)*

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**12. A player on your team is making mistakes and you notice he/she is very upset. How could this situation turn into bullying? How would you prevent this from happening?**  
*(See Chapter 3, pages 24-29 of Speak Out Manual)*

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**14. You are meeting with a player on a 1 on 1 basis. Could this situation give rise to accusations of inappropriate conduct and why? How would you prevent this from happening?**  
*(See Chapter 5, pages 33-41 of Speak Out Manual)*

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